


Waterford at All Saints – Life Enrichment / Wellness Daily Events



Every Sunday	Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday	Every Saturday
Radio & TV Church Services 6:30 Board Games (2FR)	8:30 Walking Buddies (B) 9:30 Music Therapy/Sit & Be Fit (MC) 10:45 Heart Smart (HR) 1:10 Bingo (2FR) 1:15 Strength & Balance(HR) 2:30 Readings with Jody & Popcorn (F) 2:30 Texas Hold 'Em (3FR) 6:30 Jigsaw Puzzles (FS)	8-10 Wellness Center 9:30 Sit & Be Fit (2FR) 9:45 Yoga with Carol (HR) 10:45 Heart Smart (HR) 1:00 Whist Club (3FR) 1 & 1:45 Brain Builder's 2:00 Bridge Club (2FR) 4:00 Praying the Rosary (C) 6:30 Jigsaw Puzzles (FS)	9:30 Sit & Be Fit (2FR) 10:00 Exercises w/ Krista(HR) 10:45 Heart Smart (HR) 12:00 Grocery Shopping (HyVee/Sunshine) 1:10 Bingo (2FR) 2:30 Bible Study Group (2FR) 6:30 Jigsaw Puzzles (FS)	10:00 Catholic Mass (C) 1 & 1:45 Brain Builders 1:15 Strength & Balance Class (HR) 2:00 Wii Bowling (2FR) 3:45 Sing Along (F) 4:45 Wine Social (B) 6:30 Jigsaw Puzzles (FS)	8:30 Walking Buddies (B) 9:30 Sit & Be Fit (2FR) 10:00 Exercises w/ Krista (HR) 10:45 Heart Smart (HR) 1:00 Whist Club (3FR) 1:10 Bingo (2FR) 6:30 Jigsaw Puzzles (FS)	10:00 Yoga (HR) 1:00 Manicures (F) 6:30 Jigsaw Puzzles (FS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Events may be subject to change				2:30 Pet Theray 3:45 Sing Along with Orcella (F)	2:30 Shopping with Vicki (WalMart)	10:00 Shopping with Vicki (Hobby Lobby) 2:00 Beading with Mary (CA) 3:00 Caroling by the Boy Scouts (C)
1:30 Norse Glee Club Holiday Concert & Reception (C)	6:30 Advent Festival of Lessons & Music (Calvary Cathedral)	1:30 Knit Wits Knitting Club (SL) 3:00 Music with Linda (1MC) 6:45 El Riad Chanters (C)	8:00-4:30 Foot Care Clinic with Rhonda (WC) 9-10 Pearle Vision Eye Glasses Clinic (B) 2:30 Popcorn & Chat (B)	10:45 Book Talk with Candace Cameron (SL) 6:45 Matinee Series: <i>Downton Abbey</i> – episode 1 & 2 (2FR)	2:30 Baking – cereal mix (B)	1:30 Matinee - <i>Celtic Thunder</i> (2FR) 3:30 Piano Recital & Sing Along (F)
2:00 SD Symphony Performance – Holiday Collage (Pavilion) 2:30-5:30 Touchmark at All Saints Annual Christmas Social (IDR)	2:30 Origami Demonstration by Artist, Reina Okawa	9:00-11:30 Stanford Hearing Aid Clinic (WC) 3:00 Our Savior's Lutheran Communion (C) 6:30 Out to the Movies (Westmall 7)	10:00-2:30 Foot Care Clinic with Rhonda (WC) 2:30 Popcorn & Chat (B)	1-2 Complimentary Magnetic Massages with Bev (F) 2:30 Krumkake with Elizabeth & girls (2FR) 5:00 Birthday Night (IDR) 6:45 Matinee Series	2:30 Christmas Stories with Harriet (NIDR)	10:45 Shopping with Vicki (Walgreen's) 1:00 Grand Falls Casino Outing 3:00 Piano Recital (C) 5:00 Piano Recital (C)
2:00 Beading with Mary (CA) 3:00 Caroling by the Fode Family (C) 4:00 Episcopal Holy Eucharist (C)	5:30 Christmas Light Bus Tour 6:30 Christmas Light Display (Western Mall)	1:30 Knit Wits Knitting Club (SL) 1:30 Caroling by Mark Twain First Grader's (C) 3:00 Music with Linda	First Day of Winter 2:15 Shopping with Vicki (Empire Mall)	6:45 Matinee Series: <i>Downton Abbey</i> – episodes 5, 6, 7 (2FR)	10:00 Exercises with Krista (HR)	Christmas Eve 1:30 Matinee – <i>Miracle on 34th Street</i> (2FR)
 10:00 Catholic Mass (C) 2:00 Matinee – <i>Holiday Inn</i> (2FR)	2:30 <i>The Christmas Queen</i> performance (C)	2:00 Baking (B)	8:00-11:30 Foot Care Clinic with Rhonda (WC) 2:30 Popcorn & Chat (B)	3:45 Sing Along with Orcella (F)	2:30 Wii Bowling Practice (2FR)	New Year's Eve 2:00 Spec-n-Decken(B)

Key

- WC - Wellness Center
- 2FR - 2nd Floor Family Room
- 3FR - 3rd Floor Family Room
- HR - Heritage Room
- HS - Heart Smart Room
- CA - Creative Arts Center
- B - Bistro
- C - Chapel
- F - Fireside
- T - Tiffany Room
- IDR - Imperial Dining Room
- NIDR - North Imperial Dining Rm
- SL - Sunset Library
- SP - Sunset Pavilion
- MC - Memory Care
- 1 - on your own
- 2 - staff led

Meal Times

Breakfast:

7 am – 9 am Imperial Loft

Lunch:

11:30 am – 12:30 pm Imperial Loft
Noon – 1 pm Imperial Dining Rm

Dinner:

4:30 pm – 5:15 pm Imperial Loft
5:45 pm – 6:15 pm Imperial Dining Room

Salad Bar:

12-5:30 pm Imperial Dining Rm

Scheduled Transportation

The Waterford Bus/Van runs

Monday – Friday

8 am – 5 pm

Please make appointments 24 to 48 hours in advance.

December 2011

December Special Events

Thursday, December 1st	Catholic Mass with Father Al – 10 am (All Saints Chapel) Pet Therapy – 2:30 pm (throughout community)
Friday, December 2nd	Shopping with Vicki – 2:30 pm (Walmart – sign up at the front desk)
Saturday, December 3rd	Shopping with Vicki – 10 am (Hobby Lobby – sign up at the front desk) Beading with Mary – 2 pm (Creative Arts Room) Caroling by the Boy Scouts – 3 pm (All Saints Chapel)
Sunday, December 4th	Norse Glee Club Holiday Concert & Reception – 1:30 pm (Chapel & Imperial Loft)
Monday, December 5th	Advent Festival of Lessons & Music – 6:30 pm (Calvary Cathedral – sign up) Readings with Jody & Popcorn – 2:30 pm (Fireside Room)
Tuesday, December 6th	Knit Wits Knitting Club – 1:30 pm (Sunset Library) Music with Linda – 3 pm (1 st Floor Memory Care) El Riad Chanters – 6:45 pm (All Saints Chapel)
Wednesday, December 7th	Foot Care Clinic with Rhonda – 8-4:30 pm (Wellness Center – sign up at desk) Pearle Vision Eye Glasses Clinic – 9-10 am (Bistro) Bible Study Group – 2:30 pm (Conference Room) Popcorn & Chat – 2:30 pm (Bistro)
Thursday, December 8th	Catholic Mass with Father Al – 10 am (All Saints Chapel) Book Talk with Candace Cameron – 10:45 am (Sunset Library)
Friday, December 9th	Baking: cereal mix – 2:30 pm (Bistro)
Saturday, December 10th	Piano Recital & Sing Along – 3:30 pm (Fireside Room)
Sunday, December 11th	SD Symphony Performance: Holiday Collage – 2 pm (Pavilion – sign up) Touchmark at All Saints Annual Christmas Social – 2:30-5:30 pm
Monday, December 12th	Origami Demonstration by Artist, Reina Okawa – 2:30 pm (TBA)
Tuesday, December 13th	Stanford Hearing Aid Clinic – 9:00-11:30 am (Wellness Center – sign up) Our Savior's Lutheran Communion – 3 pm (All Saints Chapel) Out to the Movies – 6:30 pm (Westmall 7 – sign up at the front desk)
Wednesday, December 14th	Foot Care Clinic with Rhonda – 10:00-2:30 pm (Wellness Center – sign up) Bible Study Group – 2:30 pm (Conference Room) Popcorn & Chat – 2:30 pm (Bistro)
Thursday, December 15th	Catholic Mass with Father Al – 10 am (All Saints Chapel) Complimentary Magnetic Massages with Bev – 1-2 pm (Fireside Room) Krumkake with Elizabeth & Girls – 2:30 pm (2 nd Floor Family Room) Birthday Night – 5 pm (Imperial Dining Room)
Friday, December 16th	Christmas Stories with Harriet – 2:30 pm (North Imperial Dining Room)
Saturday, December 17th	Shopping with Vicki – 10:45 am (Walgreen's – sign up at the front desk) Grand Fall Casino Outing – 1 pm (sign up at the front desk) Piano Recital – 3 & 5 pm (All Saints Chapel)
Sunday, December 18th	Beading with Mary – 2 pm (Creative Arts Room) Caroling by the Fode Family – 3 pm (All Saints Chapel) Episcopal Holy Eucharist – 4 pm (All Saints Chapel)
Monday, December 19th	Readings with Jody & Popcorn – 2:30 pm (Fireside Room) Christmas Light Bus Tour – 5:30 pm (sign up at the front desk) Christmas Light Display – 6:30 pm (Western Mall – sign up at the front desk)
Tuesday, December 20th	Knit Wits Knitting Club – 1:30 pm (Sunset Library) Caroling by Mark Twain First Grader's – 1:30 pm (All Saints Chapel) Music with Linda – 3 pm (1 st Floor Memory Care)
Wednesday, December 21st	Shopping with Vicki – 2:15 pm (Empire Mall – sign up at the front desk) Bible Study Group – 2:30 pm (Conference Room)
Saturday, December 24th	Christmas Eve
Sunday, December 25th	Christmas Day Christmas Mass with Father Al – 10 am (All Saints Chapel) The Christmas Queen performance – 2:30 pm (All Saints Chapel)
Monday, December 26th	Baking – 2 pm (Bistro)
Tuesday, December 27th	Foot Care Clinic with Rhonda – 8:00-11:30 am (Wellness Center – sign up)
Wednesday, December 28th	Bible Study Group – 2:30 pm (Conference Room) Popcorn & Chat – 2:30 pm (Bistro)
Friday, December 30th	Wii Bowling Practice – 2:30 pm (2 nd Floor Family Room)
Saturday, December 31st	New Year's Eve Spec-n-decken – 2 pm (Bistro)

Waterford at All Saints December 2011 – Life Enrichment/Wellness



Staff at Waterford

Angie Rabon	Executive Director	Bob Buller	Facility Manager
Sara Thomas	Controller	Randy Austin	Food Service Manager
Wendy Schrag, RN	Memory Care Manager	Jackie Lofswold, RN	Assisted Living Manager
Cindy Cowles, LPN	Evening Nurse Supervisor	Rhonda McConnell, RN	Wellness Nurse / Nurse Supervisor
Kelly Woldt	Sales Associate	Krista Musser	Life Enrichment Director
Erin Sheehy	Sales Assistant	Vicki Bruse	Life Enrichment Assistant
Stacie Wolf	Sales Associate	Travis Hinners	Evening Food Services Supervisor
		Heather McKenney, LPN	Nurse Supervisor