



A Touchmark® community
Est. 1980

Enjoying the summer season



A group from Waterford floats down the Big Sioux River during a Jesse James Pontoon Ride, named for the famous outlaw who hid in a cave along the river. From left: Wendy Schrag, Alice Bloomstrom, Florence Knape, Dots Klinger, and Shirley Ellingson.



Bonnie Ellenbrand feeds the geese at Arrowhead Park.



From left: Delores Eggen, Doris Haber, and Ida Wilson enjoy Cold Stone Creamery ice cream, provided by the First National Bank.



Helen Dobier shows off her balloon hat during the annual resident, team member, and family picnic.

Walk and celebrate

Waterford is celebrating National Assisted Living Week®, which is September 11 – 17. Join us for the week's events, including the Sioux Falls Walk to End Alzheimer's.

Tuesday, Sept. 13, 1:30 to 3 pm

Horse and Wagon Rides. Nibble on flavored popcorn while enjoying a ride around the front drive.

Thursday, Sept. 15, 5 pm

September Birthday Night. Apple-harvest theme. Imperial Dining Room.

Saturday, Sept. 17, 9:30 am

Bus leaves for Sioux Falls Walk to End Alzheimer's at Sertoma Park. The walk gets under way at 10:30 am.

If you are unable to participate with the Waterford team but would like to help, consider making a donation to the cause in living memory of a loved one affected by the disease. Please contact Wendy Schrag, Waterford's team captain, for more information.

Saturday, Sept. 17, 10:45 am

Fascinating Fall, performance by Kathryn Bakke. All Saints Chapel. ■

Waterford is observing ...

Alzheimer's Action Day

Wednesday, September 21

11:30 am – 3:30 pm

Connect with others; learn and discuss the issues involved with Alzheimer's disease; and enjoy a brain-healthy lunch.

Noon – 1 pm

Lunch & Learn. Hy-Vee Dietitian Jennifer Colgan, RD, LN, will present *Brain-healthy foods to fuel your body and help prevent illness*. Please RSVP by Sept. 14 to 605-335-1117.

1:15 – 2:15 pm

Mini Sessions. *Exploring Alzheimer's disease through a daughter's and doctor's eyes*, presented by Margaret Devick, MD; Brain Builder's classes; and mini sessions. Please RSVP by Sept. 14 to 605-335-1117.

2:30 – 3:30 pm

Art Without Boundaries presentation by Larry Homan, MnemeTherapist

Noon – 4 pm

Display from Hy-Vee food stores, Kari's Kreations (handmade jewelry), Alzheimer's Association of South Dakota, and Art Without Boundaries program and display of artwork.

Door prizes. All are welcome. No charge.

Make a healthy lifestyle fashionable

Active Aging Week is the annual health promotion event organized by the International Council on Active Aging. The event is held each year during the last full week of September throughout Canada and the U.S. and is designed to promote healthy and active lifestyles.

"We're focusing on the importance of connecting with others and feeling beautiful during this national celebration," says Life Enrichment/Wellness Director Krista Musser. "We're inviting people to enjoy a time of friendships and fashion."

Join the fun at the Fall Style Show & Luncheon with Go Casual on Monday, Sept. 26 at 11 am. Please RSVP by Sept. 20.

Imagine the possibilities



Imagine a carefree lifestyle, a community of friends, and life-enriching opportunities at every turn. You can have it all at Waterford. Home 401 offers 722 square feet and a large bedroom. Call or stop by today for a personal tour.

Coming events

Monday, Sept. 5, 11:30 am

Labor Day Barbecue. Sunset Pavilion.

Thursday, Sept. 8, 11:30 am

Book Talk and Luncheon. Featured book: *The Journey of Crazy Horse* by Joseph M. Marshall III. North Imperial Dining Room. RSVP by Sept. 5.

Monday, Sept. 19, 3:45 pm

South Dakota Symphony Wind Quintet performance. All Saints Chapel.

New name. Same community.

Waterford has always been part of the Touchmark family. For decades, Touchmark has supported two brand names: Waterford and Touchmark. By the end of this year, all Waterford communities will change their name to Touchmark.

Touchmark named its first six retirement communities Waterford because of the strong association with fine quality and craftsmanship. Today, though, the name Waterford no longer is unique and has numerous uses.

As Touchmark turned 30, the senior management team, with input and support from Waterford executive directors, made the decision to use the Touchmark name for all of its communities and affiliates.

The transition is under way and will continue to be phased in throughout the year. Remember, only the Waterford name changes. The Touchmark ownership, management, and outstanding service remain the same—just as it has for 30-plus years. ■

Just for laughs!

Answers from students on music exams:

1. A virtuoso is a musician with real high morals.
2. Probably the most marvelous fugue was the one between the Hatfields and the McCoys.
3. A harp is a nude piano.
4. Refrain means don't do it. A refrain in music is the part you'd better not try to sing.

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