

# Are we there yet?

Everyone enjoys a good mystery, especially when they live it firsthand. As residents grabbed seats on the bus, speculation about the Mystery Ride destination simmered. The bus made its way north on the interstate and pulled off at the Brookings, South Dakota exit.

McCrary Gardens marked the first stop on the Mystery Ride. Although rain shortened the duration of this stop, residents caught glimpses of beautiful foliage while enjoying lunch.

The next stop: South Dakota State Agricultural Heritage Museum, located on the campus of South Dakota State University in Brookings. Residents recalled South Dakota's agricultural heritage as they took a guided tour of the antique tractor models and an old farm homestead. Residents even tried "milking" a cow, collecting eggs, and grinding corn.

The group couldn't leave without stopping for a famous South Dakota State University ice cream cone. Watch the Life Enrichment/Wellness calendar ... another Mystery Ride is scheduled for September. ■



Jean Lowary checks for eggs during a stop on the Mystery Ride.

(cont.)

(cont.)



Resident Illa Rott laughs as she tries “milking” a plastic cow.



Norma DeGroot tries her hand at grinding.



Helen Jorgensen (left) and Alice Doscher study agricultural history at the South Dakota State Agricultural Heritage Museum.



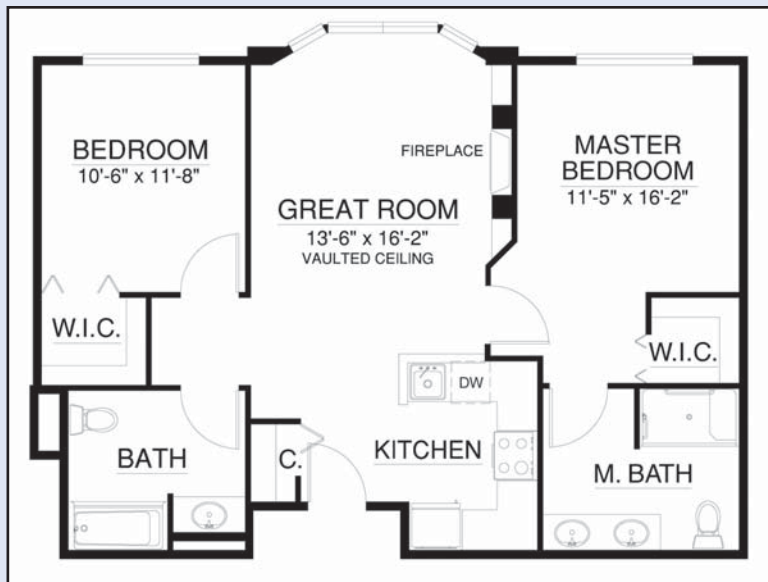
Sally Griffin poses by a tractor.

## Homonyms ... words that sound the same but are spelled differently.

For example, *flower* and *flour*. Using this list, write a homonym for each word.

- |              |               |
|--------------|---------------|
| beet _____   | one _____     |
| hoarse _____ | heal _____    |
| prince _____ | they're _____ |
| plain _____  | bored _____   |
| foul _____   | you _____     |
| pale _____   | for _____     |
| nose _____   | cruise _____  |
| sent _____   | hi _____      |
| whale _____  |               |

## The perfect place for your welcome mat



Your home is ready! This apartment home offers 933 square feet of living space with two bedrooms and two bathrooms. Now is your chance to experience the finest in retirement living on the historic All Saints campus. Call today for a personal presentation.

## Being a green thumb



Betty Mohlenhoff works on the raised flower garden in the Sunset Pavilion.

## Citizenship—a call to action



**Marge Coalman, EdD**  
Vice President of Wellness & Programs,  
Touchmark

“Be the change you want to see in the world.”

—Mahatma Gandhi

Each July, cities and towns of all sizes in Canada and the USA display flags, hold neighborhood barbecues, sing anthems, and watch parades. Families, friends, and dignitaries gather to celebrate freedom and independence. This is an ideal time to review and renew individual commitments to citizenship.

Good citizens understand and accept the fact that they have a responsibility to their neighbors, the community, the environment, and the world. They realize it takes commitment—and actions: *(cont.)*

(cont.) • Do the right thing, even when no one is looking.

- Do the right thing, even when it is difficult.
- Share your time and skills with the community to make it better, cleaner, safer, and more accessible.
- Conserve resources—re-use and recycle.
- Reflect on how your actions affect the welfare of others.
- Lend a hand when you can.
- Stay informed on issues, and voice your opinion by voting.
- Be a citizen of the world and contribute to global well-being.

Being a good citizen requires each of us to resolve to work together to overcome the differences that isolate and separate us from each other and our shared future. Applying life lessons while looking toward the future is a skill that many older adults have developed. The unparalleled changes that have occurred in the last 100 years have provided a testing ground for change. The lessons are available to all of us who ask and listen.

At Waterford, we welcome and nurture diverse opinions and practical solutions to complex challenges. To participate in intellectual and stimulating discussions, contact Krista Musser, Life Enrichment/Wellness director. Your opinions and perspective are welcome! ■

## Marge joins ICAA committee

Vice President of Wellness & Programs Marge Coalman, EdD, recently received the honor of being appointed to the ICAA Advisory Board. As a board member, Marge will continue supporting the goals of the ICAA, which connect professionals who, in turn, help older adults.

## Coming Events

### Saturday, July 4, 11:30 am

Fourth of July barbecue for residents and their families. Sunset Pavilion. Please RSVP.

### Monday, July 13, 3 pm

Afternoon tea with presentation by Mary Olinger, President and CEO of the South Dakota Make A Wish Foundation. North Imperial Dining Room.

### Tuesday, July 21, 11 am

Bus leaves for Royal River Casino in Flandreau. Will return around 3 pm.

### Saturday, July 25, 1 pm

Outing to Beaver Creek Nature Area.

### Wednesday, July 29, 8:15 am

Avera McKennan Mobile Mammography and Osteoporosis Screening. Appointments start at 8:15 am. All are welcome. Please call the front desk to schedule an appointment, and bring your insurance or Medicare card to the screening.

## Receiving national award

Waterford's sister community, Touchmark at Mt. Bachelor Village, recently received national acclaim from the National Association of Home Builders. Touchmark's Cliff Lodge and Terrace Lodge were named Best Independent Living Community and received a Gold Award (the highest given) at the 2009 Best of 50+ Housing Awards. Learn more by visiting [TouchmarkBend.com/news](http://TouchmarkBend.com/news).