



A Touchmark® community  
Est. 1980

# Carrying history into the future

The name Waterford at All Saints conveys its rich history. The retirement community is built on the grounds of the All Saints School for girls constructed in 1884, which now is a central part of the All Saints National Register Historic District.



After operating the school for years, the Episcopal Diocese of South Dakota

graduated its last class and closed the doors in 1986. It envisioned transforming the property into a retirement community, a dream that became reality when Touchmark purchased the property and opened Waterford in 1996.

## Preservation—and national attention

One of the Diocese’s sales stipulations was that Touchmark preserve the historical significance

of the school, especially the chapel. Touchmark carefully renovated the school, polishing hardwood floors and woodwork, burnishing ornate doorknobs, and retaining the chapel’s original organ and Tiffany stained-glass windows. In 2002, Waterford at All Saints received a Gold Achievement Award for renovation from the National Association of Home Builders Seniors Housing Council.

## A refreshing change

Today, Waterford is undergoing a new look. The refurbishment—often called “transitional” by interior designers—will keep the building’s traditional aspects while adding updated colors and features.

Earth-tone colors—gold, tan, rust, blue, green, and plum—will be used on walls, furnishings, carpeting, and window treatments. About 75 percent of the art will be retained and will be tied into new colors on each floor. New art will be placed in key locations. Decorative light

fixtures will be placed in the entry vestibule as well as the Chapelview Parlor.

New carpeting will be installed on each floor. Similarly, the walls on each floor will be painted. Both the carpeting and walls will feature accent colors to aid in way-finding.

Other areas to be updated include lobby, entry vestibule, reception desk, Chapelview Parlor, dining rooms, fitness room, craft room, memory care, and garage elevator lobby.

A new monument sign will be installed outside, and all work is expected to be completed by fall 2008. ■



## Mark your calendar for Active Aging Week

Organized by the International Council on Active Aging, this national

health promotion event helps advance active, healthy aging. The event is from Sept. 22 to Sept. 28.

Watch future newsletters for coming details about Waterford’s Active Aging Week celebration. ■



## The greater good of all



**Marge Coalman, EdD**  
Vice President of Wellness & Programs,  
Touchmark

**“Jack Lucas, a North Carolina native who at 14 lied his way into military service during the Second World War and became the youngest U.S. Marine to receive the Medal of Honour, has died. He was 80.”**

—*Globe and Mail, June 9, 2008*

This media story goes on to say that Lucas was six days past his 17th birthday in February 1945 when his heroism at Iwo Jima earned him the highest military honor. He used his body to shield three squad members from two grenades and nearly died when one exploded.

Across the United States and in Canada throughout the year, we honor veterans—and active military personnel—who put themselves in harm’s way to guarantee our freedom and democracy. Offering oneself in service for the greater good of all is a value everyone can support, regardless of individual political opinions and feelings about wars past and present.

The voices of men and women who served overseas and at home during World War II have been collected in a book brought to publication by Leaman and Judith Harris, residents of Touchmark at Coffee Creek in Edmond, Oklahoma. What started as oral storytelling in the community recreation room (named “the bunker” by residents, who have decorated the room with memorabilia from all branches of the Armed Forces) became a book. Titled *As We Lived It*, this hard-cover book is a collection of personal stories and historical

photos. Six of the 18 stories are by women on the home front. According to the Harrises, *As We Lived It* isn’t just a war story. Rather, it’s about life during the war years.

At Waterford on South Hill in Spokane, Wash., residents recently donated \$1,115 to the Fairchild Air Force base. The money will purchase overseas long-distance calling cards, allowing Spokane men and women serving in Iraq to talk with their families. This is the fourth year the residents have supported this project with their personal donations.

Many programs at Touchmark communities support the whole-person wellness concept of “giving back” or community outreach. They all share a main attribute—the philosophy of *the greater good of all*. To learn more about opportunities to reach out to others, contact Life Enrichment/Wellness Director Krista Musser. ■



**In an act of generosity and benevolence on their part, residents stipulated that proceeds of this book benefit the Touchmark Foundation, a public charity devoted to finding ways to help seniors receive help and support, such as providing scholarships for nursing students. The book (\$29) can be ordered by calling (405) 340-1975 to request an order form.**

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## Waterford joins a modern-day treasure hunt

What is geocaching? This question crossed Life Enrichment/Wellness Director Krista Musser’s mind after receiving a call from a resident’s son, who (*cont.*)

(cont.) wanted to geocache at Waterford.

“He was coming to town to visit his mother over the Memorial Day weekend,” says Krista. “At first, I didn’t know what to say, since I didn’t know about geocaching.”

After a long visit with the son, Rich Billion, and doing research on Geocaching.com, Krista discovered that geocaching is like a treasure hunt that uses a global positioning system (GPS). (Cars often feature GPSs, which help with directions and locating specific destinations.)

With geocaching, a person hides the cache (or treasure) and then logs the coordinates on a given Web site. Geocachers check the Web site to see where the new cache is hidden and then go for the hunt.

Not knowing how the idea would go over, Krista agreed to try it. Rich came to talk with residents about geocaching. He showed them the cache (treasure), and then the group went outside to hide the cache. Rich logged the coordinates on the Internet, and he titled the cache as “History, His Story, Her Story . . .,” gearing it for families. He also encouraged geocachers to visit with residents, if they happen to be sitting outside.

“Rich e-mailed me a few days later to update me on the cache,” says Krista. “The first person found the cache within 17 minutes of when it was posted on the Internet.”

As people find the cache, Rich continues to forward updates to Krista and includes the geocachers’ comments. Some have commented on the beautiful Waterford building and others have shared that this cache is a great way to integrate the older and new generations.

“It has been fun sharing these updates with residents,” says Krista. “One resident, who helped hide the cache, noticed out her window that someone was searching for the cache. She quickly went outside to watch them look for it. When she got outside the geocacher said, ‘I’m looking for the geocache,’ and she said, ‘well, I hope you find it.’” ■

## Coming Events

### Tuesday, July 8, 1 to 3 pm

The Avera mobile mammography screening is coming to Waterford. Sign up at the front desk and bring your Medicare/insurance card.

### Tuesday, July 22, 3 pm

Ice-cream truck visit. Have a sweet, cold treat on a hot summer day. Hosted by First National Bank.

## National wellness instructor to lead training workshops

Rob Winningham, PhD, will lead Cognitive Training Workshops for Life Enrichment/Wellness directors and coordinators and invited guests.

In August, Rob will present in Fargo, North Dakota, and then in September, he will offer the same training in Spokane, Washington. Attendees who participate in the total training hours and pass the exam will be certified as Geriatric Wellness Instructors for a period of two years.

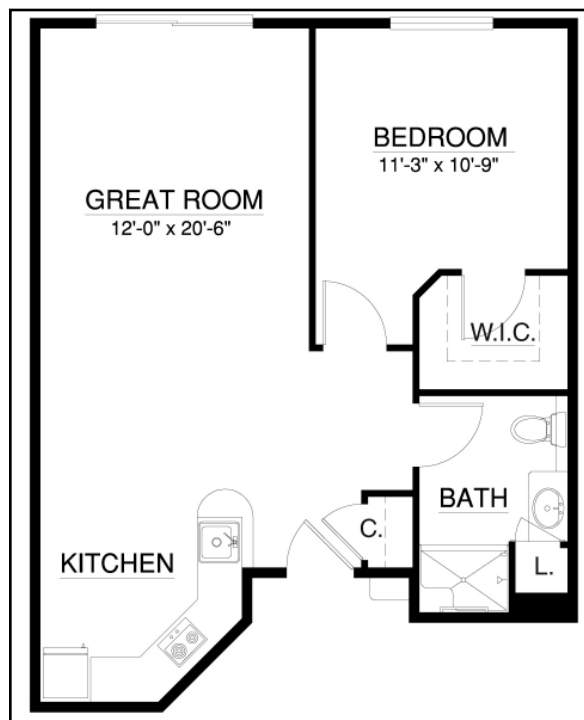
“These training sessions are a continuation of our mission—to enrich people’s lives,” says Touchmark Vice President of Wellness & Programs Marge Coalman, EdD. “Team members can gain specialized training and enrichment and, in turn, they can build up others.”

## Share celebrations in a vibrant community

Summertime presents several celebratory occasions, as family and friends gather for barbecues, hikes, and patriotic parties. During these social gatherings, friendships and memories grow and thrive.

At Waterford, socialization is a key component of daily life and the Life Enrichment/Wellness program, which encourages—and supports—people to live happier, healthier lifestyles by becoming personally involved and engaged. Through partnering with Waterford, people take “ownership” of their own well-being, which includes having numerous opportunities to create and nurture friendships.

Do you envision sharing this summer’s celebrations with friends? Visit Waterford today to learn more about this vibrant community or call 605-335-1117 to learn more about the summer’s featured homes. ■



**This one-bedroom, 665-square-foot home is located on the first floor and offers an outdoor patio in the inner courtyard.**

## Recent Events



**From left: Vivian Wubben, Jean Lowary, and Recreation Therapy Intern Allie Aasen plant flowers during the Gardening Club, which will run through August.**



**Marie Eide helps plant flowers.**



**Residents attend a presentation about NATO.**