

News wrapped in fresh format

During this last month of the year that is packed with new gifts, we're introducing a new look for the newsletter. You'll find many of the same features you've enjoyed and come to expect—but packaged in a new, fresher design. We'd like to hear what you think of our updated look.

"Feedback is very important to us," says Executive Director Angie Rabon. For example, each year, Waterford surveys residents, seeking their opinions about the building, food service, Life Enrichment/Wellness activities, staff, and other services. "We review each survey, analyze the total results, and follow up on areas that need attention," says Angie. The results are shared with the Resident Council and available for all residents to see.

"We just completed this year's survey, and we're delighted that our Front Desk/Administrative Services team and scheduled transportation services were rated the highest of all Touchmark communities in the US and Canada," she shares. "This is a real tribute to the staff!"

"Home is Waterford"

With the holiday season approaching, I'm reminded of several childhood memories. Each Christmas as a child, my mother would receive a call from her family in Seattle. Each year, the calls were bittersweet. It was wonderful to hear from her family but very difficult to be far away. I believe we all have a longing to be with family and close friends during this season.

This year, as in the past, Waterford is filled with the holiday spirit. December is kicked off with our annual Christmas and Holiday Social, followed by our Holiday Tea & Style Show. Concluding the month, we'll celebrate with our traditional Christmas Eve dinner.

Would you like to have children and other performers singing your favorite carols? How about enjoying the beauty of over 30 Christmas trees in your home? Each of the fireplaces throughout the building will provide warmth and cheer.

You will find all the comforts of home this holiday season at Waterford, because "Home is Waterford."



Warmly,

A handwritten signature in cursive script that reads "Angie Rabon".

Angie Rabon
Executive Director

Family and friends celebrate All Saints Day

In early November, Waterford commemorated All Saints Day with a Reunion & Open House, recalling the day that Bishop William Hobart Hare was commissioned to direct the building of the Episcopal school and chapel that became known as the All Saints School.

Open from 1884 to 1983, the school played a significant role in many people's lives in the Sioux Falls area, and this festive occasion recognized and celebrated the



The All Saints School

(cont.)

(cont.) memories of former students, teachers, head mistresses, and All Saints neighbors. Speakers shared their recollections, and mementos were displayed.

During the event, people took tours of the historical building, now known as Chapelwood. The All Saints School was the first building in Sioux Falls to be named to the National Register of Historical Places. Before opening its doors in 1996, Waterford carefully restored the hardwood floors, ornate banisters, and elaborate doorknobs of the original school, maintaining the magnificent beauty of the building. A crew also restored the chapel, where people can view the unique Tiffany stained-glass windows. Millionaire John Astor, who died on the Titanic, purchased and donated the windows to Bishop William Hobart Hare. ■



Children of the All Saints School

Coming Events

Sunday, Dec. 2, 2 to 5 pm

Waterford's annual Christmas and Holiday Social.

Thursday, Dec. 6, 9 am

Men's Breakfast. Imperial Dining Room.

Tuesday, Dec. 11, 2 pm

Holiday Tea & Style Show. Imperial Dining Room.

Picture yourself in this home



Sunlight fills this 722-square-foot home with warmth and light throughout the day. Call Jennifer or Kelly at 605-335-1117 for your personal showing.

Celebrate the holidays at Waterford

This season, Waterford will be decorated in a colorful display of 30-plus holiday trees while people take part in several festive events and enjoy tasty holiday favorites, like oyster stew, fudge, and cream puffs.

Waterford's annual Christmas and Holiday Social will be Sunday, Dec. 2. This much-anticipated event is Waterford's "thank you" to residents, staff, and their families. It is a special event with a cocktail buffet, entertainment, and a visit from Santa Claus.

Then, the second annual Holiday Tea & Style Show will be Tuesday, Dec. 11. Residents and their daughters

will model women's holiday fashions from Coldwater Creek.

Later, a group will take a bus ride around the city for the Holiday Light Tour, and a Krumkake demonstration will be held Friday, Dec. 14 by resident Elizabeth Balcer and her daughter. ■



Enjoying a good laugh, (from left) Elroy Polsfuss, Ray Swift, Bob Swift, and Waterford Driver Woody Moore tell jokes while sipping fresh coffee and eating cookies. The Waterford community is anticipating the holiday season, which will provide even more occasions to enjoy each other's company.

Celebrate the spirit



Marge Coalman, EdD
Vice President of Wellness & Programs,
Touchmark

Celebrating the spirit is an individual experience for each one of us. However, there are universal themes that bring people together, lead to positive change, and make a difference to all of us and the planet. Reading the biographies of some of the greatest changemakers provides a road map to qualities and practices that have had a lasting effect on the greater good of all. What so

many of these heroes have in common is not wealth, charisma, or even opportunity. The common character traits are unselfishness, determination, gratitude, perseverance, and dedication.

Wisdom is also a trait held in common, and wisdom requires both age and experience. The elders in cultures around the world are the wisdom keepers, as noted by the tradition of the American Indians in their legends and spiritual practices. In our culture today, we frequently lose sight of the value of the opinions and experiences of the wisdom keepers as we get caught up in the notion of youth and vitality being the keys to a happy life and success.

Hundreds of wisdom keepers—individuals who have both life experience and wisdom to share—live in Touchmark communities. As we enter the season of winter solstice, we want to celebrate the spirit of all with music, food, and festivities. We also need to observe quiet, contemplative times that nurture the spirit—individually and with those we love and care about.

"I seek to celebrate my spirit through gratitude and humility, which leads me to joy. ... Joy leads me back to myself, filling my heart, which overflows to others, thus completing the circle of life."

—Aimea Saul, artist

At Waterford, we invite and encourage people to share the abundance of their wisdom and experience through our Life Enrichment/Wellness program. Contact Director of Life Enrichment/Wellness Krista Musser to become an active changemaker and contributor to the circle of life. ■

Highlights from 2007



The Woodworking with Bob group has completed several projects in 2007.



Nita Smith and Clayton Scott relax at the beautiful grounds of the Sioux Falls Zoo.



This year, The Knit Wits knitting group created hats and scarves for children in Ulaan Baatar, Mongolia, which is one of the world's coldest regions.



Deb Hansen learns how to use the Optelec ClearView+ Desktop Video Magnification System. Waterford is part of a pilot program to provide reading magnification systems to older adults in the Sioux Falls area.